



Sexting



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MY PHOTOS ARE BEING RE-SHARED, WHAT DO I DO NOW?

Nude images/videos may or may not be shared intentionally.

Do not give in to pressure

You might be promised that if you send more nudes, your photos will not get re-shared. Do not give in to blackmail.

Ask for help

It's okay to ask for help, speak to an adult you trust.

HELP



Report



Report the images or videos to the local police or through the platform where they are being shared.

Contact 179

Call 179, the helpline is happy and willing to guide and support you when you're faced with situations that are making you extremely uncomfortable.

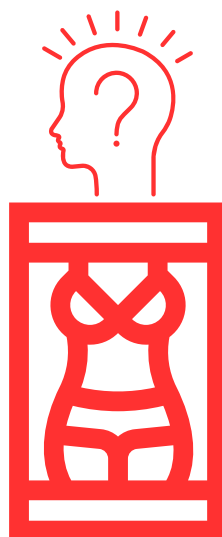
It's Illegal

The creation, storing, sending and re-sharing of nude pics or videos of persons under the age of 18 is against the law, even if you are a minor yourself!



"SEXTING" IS A TERM USED TO DESCRIBE THE SHARING OF INTIMATE IMAGES OR VIDEOS WITH ANOTHER PERSON.

You may sometimes be asked to send nudes to prove your *love* and commitment to someone.



BUT do you really need to send them pictures of your body?



LET'S TALK ABOUT...

Sexting



You can lose control...

Your nude selfies or videos can be re-shared or stolen without your knowledge or consent even through those applications that make you feel safe to share because they give you the impression that they will disappear from the chat.



...and might be seen

Family, friends, teachers might end up receiving your nude selfies. This can cause so much anxiety and distress to you and the people who really care about you.



Trust can be broken

You might feel safe to trust your friend or someone you like with your nude pics. Take a moment to pause and remember that relationships, no matter how wonderful they are today, might end tomorrow. The person you like the most may change his behaviour towards you breaking the trust you previously had.

BE MINDFUL

Everyone makes mistakes. Learn from them.

If you have a friend in this situation support him or her.

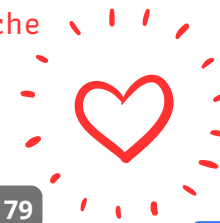
If you receive a nude pic or video report it and delete it.

If your intimate images are being re-shared, do not suffer in silence.

Speak to someone who can help you.

Sexting someone you like might be fun and exciting but there's a lot that can go wrong. It can be very stressful knowing that your nude selfie is being shared online, whether it is done on purpose or by accident.

The best way to avoid anxiety, trouble, or heartache is by not sharing intimate images of yourself with others in the first place.



For more information find us

www.besmartonline.org.mt | FB: @saferinternet.mt | Call: 179

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